

Range of Suicidal Behaviors

- **Suicidal thinking** – The person thinks about suicide, but does not take action.
- **Gesture** – Nonlethal behaviors show a person's frustration or other intense emotions, such as by making motions as if he or she is cutting his or her wrists. Another example would be taking a small amount of prescription drugs to get attention. The person has no intention of dying by making the suicidal gesture, but the action draws attention.
- **Attempt** – The person takes actions that are dangerous or potentially lethal and has the intention to die.
- **Suicide** – The person follows through with self-inflicted death.



QuickStat

Females attempt suicide three times more often than males, but males die by suicide four times more often than females.