

Veteran Community Recreation & Social Groups (free)

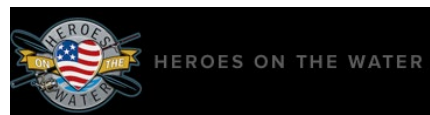
Operation Comfort

- Woodworking, welding, & “Automotivation” (working on vehicles) shop
- Cycling, sled hockey, swimming and yoga classes
- <http://operationcomfort.org/>



Heroes on the Water

- Kayaking and fishing trips (requires fishing license to fish)
- <https://heroesonthewater.org/chapters/san-antonio-texas/>
- Contact: (210) 378-8677, sanantonio@heroesonthewater.org



Team Red White and Blue

- Mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity.
- <https://www.teamrwb.org/chapter/team-rwb-san-antonio-tx/>
- Contact: Christian MacAllister, chris.macallister@teamrwb.org



Project Healing Waters Fly Fishing

- Teaches Veterans about fly tying and organizes fishing trips
- Meets at the ALM hospital recreation center every other Wednesday afternoon, 1-3pm
- Contact: Dave Gill, dave.gill@projecthealingwaters.org



The Mission Continues

- Organizes volunteer projects for Veterans and others
- <https://missioncontinues.org/service-platoon/San-Antonio-platoons>



Fairways for Warriors

- Holds monthly golf clinics with instruction, playing a round of golf, and a meal.
- For combat-wounded Veterans and their families
- Held at Fort Sam Houston Golf Club
- <https://fairwaysforwarriors.org/where-we-are/san-antonio/>
- Contact: Clint Butler, clint@fairwaysforwarriors.org



Paws for Purple Hearts

- “Canine-assisted Warrior Therapy”: Veterans with PTSD, TBI, and/or MST can work alongside trainers to train service dogs to be given to other Veterans (application required)
- <https://www.pawsforpurplehearts.org/who-we-are/our-locations/south-mid-region/>



Soldiers Songs & Voices

- Monthly “songwriting lessons and music writing workshops” for Veterans and families. Led by professional musicians. All levels of experience welcome; no instrument needed.
- Meet at Sam’s Burger Joint, First Tuesday of every month from 6-8pm
- <http://www.soldiersongsandvoices.com/>



Programs specifically for women Veterans

Grace After Fire

- Peer-to-peer support groups for women Veterans
- <http://www.graceafterfire.org/>
- Contact: Kalia Jones, kalia@graceafterfire.org, 210-819-0064.



Women Veterans of San Antonio

- Organizes opportunities for women Veterans to network, socialize, volunteer, and give back
- <https://www.meetup.com/Women-Veterans-of-San-Antonio/>
- Contact: 830-391-9235 (Phone number is Google Voice. Please leave a message.)



WoVeN: Women Veterans Network

- Supportive network of women Veterans including 8 week support group with emphasis on building social connections and promoting wellness
- National site: <https://www.wovenwomenvets.org/>
- Local websites: <https://www.meetup.com/Women-Veterans-Network-WoVeN/> & <https://www.facebook.com/wovensanantoniotx/>
- Contact: Tracie Rosado, wovensanantonio@gmail.com



Pink Berets

- Support groups and complementary therapies for women Veterans with military trauma, including through culinary arts, equine therapy (horses), and arts classes
- MST Support group on Wednesday at San Antonio College Victory Center
- Monthly Situational Awareness self-defense classes
- Contact: thepinkberets.org / Inquiries@ThePinkBerets.org / Phone: (210) 912-7564



THE PINK BERETS