



Veterans Wellness Center



6333 De Zavala Rd., San Antonio, TX 78249

The Endeavors **Veteran Wellness Center (VWC)** is providing virtual services in mental health care for those individuals with severe, chronic, and/or co-occurring mental health disorders. Staff members are trained to help military Veterans and surviving spouses with these areas of need by providing the following services in an effort to improve the quality of life of our clients:

- Mental health counseling
- Group therapy
- Peer support
- Wellness care

The Endeavors VWC delivers positive, supportive, and integrated care to focus on our client’s goals and overall health, which enhances daily choices for wellness. Driven by the vision to restore and improve quality of life, the VWC focuses on six principles of wellness: mind-body, connectedness, spiritual, environmental, economic, and knowledge. We inspire all to **choose wellness**.

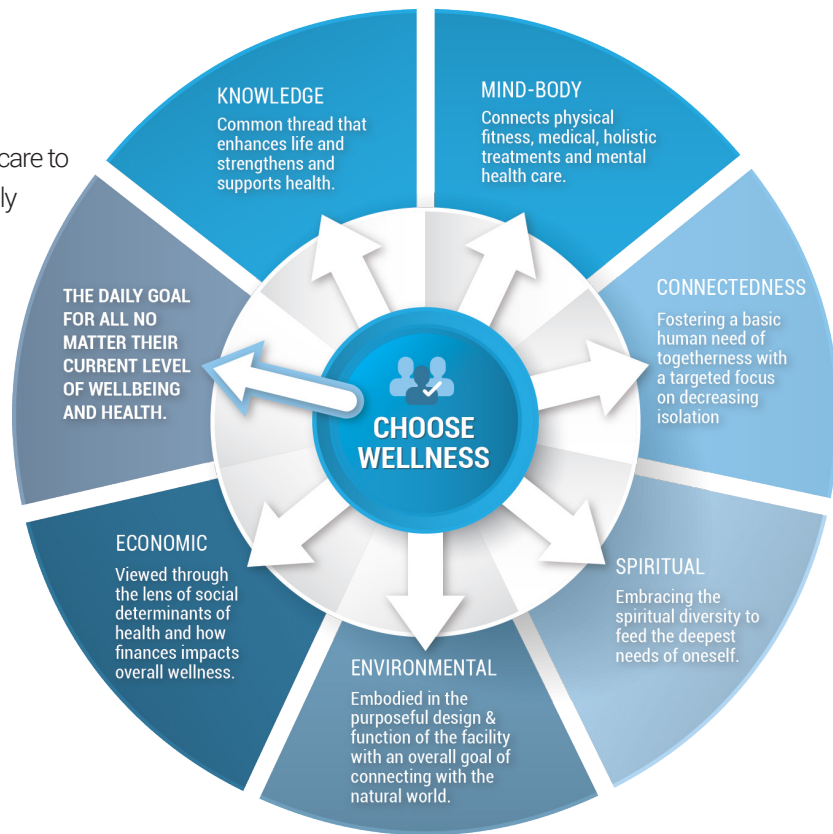
Mental Health Diagnoses Eligible for Care:

Eligibility is not limited to the following diagnoses, please contact the VWC for eligibility requirements.

- Bipolar Disorder
- Schizophrenia Spectrum
- Substance Use Disorders
- Chronic Depression
- Post Traumatic Stress Disorder (PTSD)

Target Military Population for the VWC Virtual Care:

- Pre-9/11 military
 - Veterans with severe, chronic mental health, and/or co-occurring disorders
 - Veteran dependents with severe, chronic mental health disorders
 - Veteran surviving spouses
- Post-9/11 military Veterans needing long-term counseling related to severe, chronic mental health, and/or co-occurring disorders



CONTACT US:

For Referrals or More Information

210-866-3860 | VWC-SA@endeavors.org

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