

# Resources

## VA Resources

Make the Connection

[www.maketheconnection.net](http://www.maketheconnection.net)

Mental Health

[www.mentalhealth.va.gov/msthome.asp](http://www.mentalhealth.va.gov/msthome.asp)

VA Facility and Service Locator

[www.va.gov/facilities](http://www.va.gov/facilities)

VA Readjustment Counseling Services

Contact your local Vet Center

[www.vetcenter.va.gov/vet\\_center\\_services.asp](http://www.vetcenter.va.gov/vet_center_services.asp)

Vet Centers

[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

Women Veterans Health Care

**855-VA-WOMEN (829-6636)**

[www.womenshealth.va.gov](http://www.womenshealth.va.gov)

Women Veterans Program

[www.va.gov/womenvet](http://www.va.gov/womenvet)

## Military Resources

After Deployment

[www.afterdeployment.dcoe.mil/  
topics-military-sexual-trauma](http://www.afterdeployment.dcoe.mil/topics-military-sexual-trauma)

Department of Defense (DoD)

Sexual Assault Prevention and Response Office (SAPRO)

[www.sapr.mil](http://www.sapr.mil)

DoD Safe Helpline

**877-995-5247**

[www.safehelpline.org](http://www.safehelpline.org)