

RESOURCES

American Red Cross 1-877-272-7337

The American Red Cross provides emergency communication between deployed Soldiers and their families, financial assistance and counseling.

www.redcross.org

Army Chaplains

Army chaplains provide support, care and spiritual leadership for Soldiers and their families.

www.chapnet.army.mil

Army Community Service (ACS) 1-703-681-5375

Flip to **"Family Readiness"** to see how ACS can help you and your family while you are deployed.

Army Emergency Relief (AER) 1-866-878-6378

AER is the Army's emergency relief assistance organization.

www.aerhq.org

Army OneSource

Army OneSource serves as a site for Army families to access information on health care, housing, family services and more.

www.myarmyonesource.com

Military OneSource 1-800-342-9647

Military OneSource provides free support services to Service members and their families, including consultation and counseling services, and a host of online resources.

www.militaryonesource.com

United States Army

www.army.mil

United States Army Reserves

www.usar.army.mil

United States National Guard

www.ng.mil

Virtual Family Readiness Group

www.armyfrg.org

National Guard Family Program

www.jointservicessupport.org

Deployment Health and Family Readiness Library

<http://deploymenthealthlibrary.fhp.osd.mil>

Family and Morale, Welfare and Recreation Command

<http://www.armymwr.com>

TRICARE Military Health Care

www.tricare.mil

myPay

<https://mypay.dfas.mil>

Defense Finance and Accounting Service

www.dfas.mil

Legal Assistance

<https://www.jagcnet.army.mil/legal>

Yellow Ribbon Program

www.yellowribbon.mil