

## Same Day Mental Health Services

All South Texas VA Mental Health and Primary Care clinics are able to provide Same Day Services, meaning that Veterans with a need for care right away will have it addressed the same day or, if after hours, by the next day.

We may address your health care need by providing a brief face-to-face visit, returning a phone call, arranging a telehealth visit, or scheduling a future appointment.



Veterans must be eligible for VA mental health services and enrolled in STVHCS. Visit the Enrollment & Eligibility Offices at ALM or FTOPC or call (210) 949-3981 for more info.

*Note: Veterans with Other Than Honorable military discharges may be eligible for some VA mental health services.*

## More Questions?

Ask your VA mental health or primary care provider for more information.

### South Texas Veterans Health Care System

Audie L. Murphy VA Hospital  
7400 Merton Minter Blvd.  
San Antonio, TX 78229

(210) 617-5300

[www.southtexas.va.gov](http://www.southtexas.va.gov)



Confidential Chat at

[www.veteran Crisisline.net](http://www.veteran Crisisline.net)

South Texas Veterans Health  
Care System

## Same Day Mental Health Services



VA



U.S. Department of Veterans Affairs  
Veterans Health Administration  
South Texas Veterans Health Care System

## Accessing Same Day Services

This table lists all of the clinics for same day mental health services, located either in Primary Care clinics (called Primary Care/Mental Health Integration or PCMHI) or Mental Health clinics. If you are already established with a VA Mental Health provider, it is best to request a same day appointment at that location, though *you will not necessarily be able to see your regular provider.*

When you request a same day visit, you can expect to meet with a mental health nurse first, who will listen to your concerns and make a plan with you for addressing them, including a brief visit with a provider if needed.

## Should I go to the Emergency Department or Same Day Visit?

Emergency Dept (at Audie L. Murphy VA Hospital)	Same Day Visit
> Immediate risk of harm to self or others	> Monday-Friday 8am-4pm (no holidays)
> Suicidal or homicidal thoughts	> Concern that cannot be met through Secure Messaging, phone, or at next visit
> Very high distress	> Need to start MH services but unable to go through VA Primary Care Provider
> After hours, weekend, holiday	

Clinic Location	PCMHI	Mental Health Clinic	Phone	Address
<b>Audie L. Murphy VA Hospital</b>	PACT Clinic: 1G	MH Triage, PRIME clinic, & Neuropsychology: 1E SUD: GL-F	(210) 617-5300	7400 Merton Minter, SATX
<b>Balcones Heights VA Clinic</b>	Gold PACT: A-10 Silver PACT: A-88	MH Clinic (BHIP, PRRC): Suite A-100	(210) 732-1802	4522 Fredericksburg Rd, SATX
<b>Frank Tejada Outpatient Clinic</b>	PACT Clinic: 1 <sup>st</sup> FL	BHIP/PTSD Clinic: 2 <sup>nd</sup> FL	(210) 699-2100	5788 Eckhert Rd, SATX
<b>North Bexar Outpatient Clinic</b>	PACT Clinic	—	(210) 967-2800	16019 Nacogdoches Rd, SATX
<b>North Central Federal Clinic</b>	PACT Clinic	BHIP/MH Clinic	(210) 483-2900	17440 Henderson Pass, SATX
<b>Shavano Park Outpatient Clinic</b>	PACT Clinic	—	(210) 949-3773	4350 Lockhill-Selma Rd, SATX
<b>South Bexar Outpatient Clinic</b>	PACT Clinic	BHIP/MH Clinic	(210) 648-1491	4610 E Southcross Blvd, SATX
<b>Kerrville VA Medical Center</b>	PACT Clinic: 1 <sup>st</sup> FL	BHIP/MH Clinic: 2 <sup>nd</sup> FL	(830) 896-2020	3600 Memorial Blvd, Kerrville
<b>Victoria Outpatient Clinic</b>	—	Mental Health Clinic	(361) 582-7700	1908 North Laurent Street, Victoria

BHIP: Behavioral Health Interdisciplinary Program (General MH)  
 MH: Mental Health  
 PACT: Patient Aligned Care Team (Primary Care Clinic)  
 PCMHI: Primary Care/Mental Health Integration



PRRC: Psychosocial Rehab & Recovery Center (STARR/Stepping Stones)  
 PTSD: Post Traumatic Stress Disorder  
 SATX: San Antonio, Texas  
 SUD: Substance Use Disorders