



MILITARY CAREGIVER SUPPORT

Contact Us:
OSD.Caregiver@mail.mil

About Military Caregiver Support

The Department of Defense (DoD) provides resources and information exclusively for military caregivers who assist wounded, ill and injured Service members with activities of daily living. Since 2013, DoD's support for military caregivers has positively impacted thousands of lives by addressing key issues that affect caregivers in the short and long term. These issues often include finances, education, employment, transportation, maintaining a strong family, keeping mentally and physically healthy, navigating through legal issues and housing.

DoD's support to military caregivers includes the Caregiver Resource Directory, the Military Caregiver PEER Forum Initiative, monthly Military Caregiver Virtual PEER Forums, Military Caregiver Webinars, caregiver-related events, and specialized resources.

THE CAREGIVER RESOURCE DIRECTORY is a compilation of the most common military caregiver support resources. The reference guide can be found online as well as in print. The directory has been circulated to over 50,000 individuals in need of assistance.

MILITARY CAREGIVER PEER (PERSONALIZED EXPERIENCES, ENGAGEMENT AND RESOURCES) FORUMS are coordinated efforts among The Office of Warrior Care Policy, Military Community and Family Policy, the military Services and U.S. Special Operations Command, to establish online and in-person opportunities for military caregivers to convene, converse among their peers, share resources and best practices, and provide support for the challenges they face as military caregivers.

THE MILITARY FAMILIES LEARNING NETWORK initiated a caregiver support curriculum consisting of monthly webinars on topics critical to caregivers. Webinar topics include adaptive technology, traumatic brain injury care and post-traumatic stress care.

Getting Involved

There is a community of caregivers. It is a community that can be empowering and influential. Military caregivers should contact a member of the DoD military caregiver team at OSD.Caregiver@mail.mil to learn more about caregiver support, find local PEER Forums and RSVP for Virtual PEER Forums.

Agencies and organizations who want to support military caregivers should visit www.WarriorCare.mil and Health.mil/warriorcare for more information.