

Veterans' Healthy Minds Advisory Council – South Texas
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Working with; Audie Murphy VA Hospital, San Antonio TX
“Helping Veterans, Help Themselves”
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VHMAC-ST Meeting Minutes (19 Oct 2022)

I. Call to Order

Council Chair Dr. David A. La Pointe called to order the regular meeting of the Veterans' Healthy Minds Advisory Council South Texas, at 1104 on 19 Oct 2022, at the NW VA Clinic, 9939 State Hwy 151, SATX 78251, and via Zoom video/tele-conference.

Dr. La Pointe called the council to order at 1110.

Roll-Call Chair called role: Present or Excused: Amelia Peacock, Angie Bukowski, Becki Williams, Dr. Betsy Davis, Carlos Acosta, Dr. David La Pointe, Edsel Thomas, Fred Thomas, John Nelson, Karah Smith, Kevin Crozier, Larissa Martinez, Leah Smith, Michael Carrion, Monica Garcia, Natasha Walden, Priscilla Cerbin-Cantu, Dr. Scott Rheinschmidt, Troy McGrath, **GUEST – Dr. Jessica Stinson.**

Not Present: Amanda Jenkins, Jose Michael Gonzales, LaKeisha Howard, Laura Knolls, Leah Whitmire, LaKeisha Howard, Monica Garcia.

Dr. La Pointe noted that Col. Lisa Firmin would serve as Consulting Advisor to the council as we move forward.

New Officer's as of 1 October 2022:

Chairperson: Dr. David A. La Pointe

Co-Chairperson: Larissa Martinez

Secretary: Vacant – Dr. La Pointe noted that the position is still open and that we need someone to fill the role ASAP.

II. Membership Updates: New Members: Dr. Scott Rheinschmidt, Laura Knoll.

We have 24 members, 21 voting members, 3 non-voting members (from VA staff), 18 veterans, 6 community partners, 5 remaining original members of the council (Dr. Davis, Dr. La Pointe, Karah Smith, Kevin Crozier, Carlos Acosta), 15 inactive members (those who want to remain connected to the council but cannot attend meetings). **(OPEN)**

Current address listing for the month will be attached to minutes. Please review and make sure to check your information and ensure it is accurate.

PLEASE forward an appropriate head shot to be posted on our website next you/your names. THANK YOU to those who have already provided but there are still too many missing! (OPEN)

III. Approval/Review of Previous Minutes/Current Agenda

Dr. La Pointe motioned to accept previous meeting minutes from the last two months as published. Motion seconded by Troy McGrath and approved by all.

GUEST SPEAKER – Chandler Mantiplay, Territory Outreach Manager – San Antonio.

Mobile: 830-377-3813

Email: chandler.mantiplay@promises.com

www.promisesbehavioralhealth.com

Ms. Mantiplay gave an in-depth overview of the Texas Treatment Programs. She provided a brochure about her company, and it will be attached to the minutes and published on the website.

She explained that they are an addiction recovery treatment facility. Assisting in both drug and alcohol issues. They have centers across the country and three facilities in Texas, College Station, Wimberly and Houston. They do provide mental health services as well.

They provide focus for “specific/special groups” - counseling options for members including Veteran sessions.

Ms. Mantiplay provided extensive information and examples of how they deal with individuals, taking into account of their specific needs and wishes for care and treatment.

She also covered questions about possible transportation concerns to/from provider facilities.

We will be providing access to the entire VHMALST meetings online from now on once the Secretary has had an opportunity to complete the minutes

IV. Old Business

VHMALST Veteran Resilience and Recovery Operation/ Collaborative. Dr. Davis – no new relevant updates this month for the group. (OPEN)

VHMALST – VA Mental Health National Call – Dr. Davis reported the national council call this month was particularly good. She wants to share the “TEAMS” recording with us and is contacting the National VAMH Council to arrange it. (OPEN)

VHMALST – VA Mental Health Executive Council – Nothing to report from this council this month. (OPEN)

VHMALST – Strategic Planning Sub-Committee – Dr. Davis stated that she has a couple of opportunities for this sub-committee, and she will share them with the new committee Chair Amelia Peacock. She discussed a new option for sharing information from veterans with a new group at the VA – more information to follow. (OPEN)

VHMALST— Women Veterans Sub-Committee. Do we need to continue this sub-committee? If so, we need a volunteer to take over as Chair. Interested persons – please contact one of the officers ASAP. (OPEN)

UNACCOMPANIED BURIAL MEMORIAL SERVICE - Ed Thomas was attending the service during our meeting. We currently have funds for two more months for arrangements. He did ask me to discuss the need for us to transform into a “non-profit” organization so we can disperse fund appropriately and have our donors able to take tax credits for their generosity. (OPEN)

WEBSITE/COMMUNICATIONS – Kevin Crosier was at a City Council Meeting but did provide us with the updated website information. We currently stand at 554,840 hits on the site. (OPEN)

V. New Business

- ✚ Dr. La Pointe discussed the “STAR – Tools for Healing” DVD. It contains “Tools to Aid and Restore”. He asked Dr. Davis if she could make some available to us and for our outreach tables.
- ✚ Dr. Davis provided new/updated handouts on South Texas Veterans Health Care System and Same Day Mental Health Services. These will be attached to minutes and updated on the website.
- ✚

VHMACST— Outreach Events:

- ✚ **UTSA Veterans Resource Fair/Blue and red Retro Veterans Day Event** – UTSA Campus, 16 Nov 22, 1100 – 1300, (Food, Raffle Prizes, & Tabling for all UTSA Students, faculty, and Staffs)
- ✚ **San Antonio Spur’s Mental Health Awareness Night** – February 2023
- ✚

VHMACST— Events/Training:

- ✚ **Cohen Clinic Community Meeting**, 1st Friday/month, 0830, link sent to your email.
- ✚ **National VMHC Online Conference**, 4-11 & 12 – 2023, 1000-1300 both days. Dr. Davis will provide more information.
- ✚

VHMACST— Resource Guide – Meeting was held with Dave, Kevin, and Ed. Book is being consolidated now and should be on the website the next VHMACST meeting. **(OPEN)**

VHMACST— Other/Miscellaneous; None

VI. Next Meeting - 16 Nov 2022, 1100, location, agenda and zoom-link will be provided later.

GUEST SPEAKER: Suzanne M. McEndree – VA Intimate Partner Violence Assistance Program Manager.

VI. Adjournment - Meeting adjourned at 1207.

VII. End of Minutes

Minutes submitted/reviewed/approved by Council Chair, Dr. David A. La Pointe.

VHMACST			
Date 10/16/22			
** TOPIC **			
VOTING MEMBERS			
NAME			
Amanda Jenkins			
Amelia Peacock			
Angie Bukowski			
Becki Williams			
Carlos Acosta			
Dr. David A. La Pointe			
Edsel Thomas			
Fred Thomas			
John Nelson			
Jose Michael Gonzales			
Karah Smith			
Kevin Crozier			
Larissa Martinez			
Laura Knoll			
Leah Whitmire			
Michael Carrion			
Monica Garcia			
Priscilla Cerbin-Cantu			
Dr. Scott Rheinschmidt			
Troy McGrath			
NON- Voting Members			
Dr. Betsy Davis			
LaKeisha Howard			
Leah Smith			

✓ **Unaccompanied Burial Memorial Service**
(Dr. La Pointe) – This is a Bexar County Service

(An Unaccompanied Veteran is someone who's next of kin is unknown and/or burial arrangements have been made by a public administrator, a VA Medical Center, or any other authorized entity who is not the familial next of kin at the time of the Veteran's passing.)

- 3rd Wednesday of the month at 0900
- Fort Sam Houston National Cemetery - 1520 Harry Wurzbach Road, SATX 78209
- VHMALST will place a wreath, floral arrangement, or other appropriate display
- PLEASE wear your VHMALST ID Lanyard if attending
- VHMALST Presents a floral arrangement or other appropriate display/gift - (funds provided by individuals and/or corporate donors – we recognize those persons at Outreach Events)



Veterans Healthy Minds Advisory Council

Page	Page Counts						
	5/1/2022	6/15/2022	7/20/2022	8/17/2022	9/21/2022	10/9/2022	10/18/2022
Home	121,012	122,008	123,677	125,104	126,330	129,844	130,015
Calendar	70,752	70,772	70,800	70,825	70,861	70,879	71,597
Caregiver information	486	528	562	590	611	701	726
Resources - National	58,205	60,109	60,125	60,137	60,151	60,157	60,161
Resources - Local	60,089	63,018	63,044	63,055	63,066	63,074	63,078
VA Information - Misc	16,514	16,523	16,535	16,542	16,549	16,556	16,563
VA Information -2022	5,941	5,968	5,994	6,021	6,142	6,157	6,170
VA Information -2021	45,365	45,393	45,422	45,449	45,472	45,485	45,500
VA Information - 2020	53,876	53,905	53,937	53,965	53,985	53,997	54,010
VA Information - 2019	44,036	44,061	44,089	44,116	44,137	44,149	44,163
MST	12,008	12,022	12,040	12,049	12,253	12,302	12,313
Suicide Prevention	27,152	27,168	27,183	27,189	27,201	27,203	27,209
Women Veteran Information	4,512	4,843	4,869	4,893	5,112	5,122	5,137
Immediate Assistance	1,132	1,138	1,151	1,154	1,164	1,172	1,176
About Us	16,654	16,714	16,790	16,883	16,973	17,004	17,022
Total	537,734	544,170	546,218	547,972	550,007	553,802	554,840



STAR

Tools for Healing

Well-Kit

Simple Tools to Aid and Restore that can help you return to the health you used to know

THE VMA & MAC
PRESENTS



UTSA VETERANS RESOURCE FAIR

WED. 11.16.22 11AM-1PM

OUTSIDE BETWEEN THE CONVOCATION
BUILDING AND THE REC

FOOD, RAFFLE PRIZES, &
TABLING FOR ALL UTSA
STUDENTS, FACULTY
AND STAFFS

