Military Caregiver Virtual PEER Forums

The Recovery Coordination Program Headquarters host Virtual PEER Forums open to military caregivers across the nation.

- Held every 1st Thursday at 11:00EST and 4th Thursday at 14:00EST of each month
- Gain emotional support by connecting with other military caregivers
- Learn skills to embrace and overcome daily challenges
- Share stories and resources based on your personal experiences

Attendees are asked to RSVP to <u>osd.caregiver@mail.mil</u> with their name, location, associated branch of service, and identify their relation to who they care for.

Military Caregiver PEER Forums

The Military Caregiver PEER (Personalized, Experiences, Engagement and Resources) Forum Initiative established military caregiver forums at designated installations across the United States. These forums provide caregivers the following outcomes:

Military Caregiver centric training and delivery

• Content created based on the "real-life" experiences of caregivers and delivered by caregivers

Military Caregiver focused communication and information strategy

• Caregiver communication and information is supported through the initiative and reaches more caregivers than the traditional outreach methods

Military Caregiver inclusiveness

• Caregivers given an opportunity to interact directly with their peers, thus, reducing feelings of isolation by supportive forums

Visit: https://warriorcare.dodlive.mil/peer-forums-states for Forum locations