

A UNITED WAY INITIATIVE



Positive Parenting and Youth Development

United Way of San Antonio and Bexar County understands the unique responsibilities of service that can cause tension or stress at home in military and veteran families in our community.

The MISSION UNITED Parent Program offers several kinds of free classes, counseling, and other services specifically designed to support families of active duty, veterans, national guardsmen, ready reservists, and/or retirees with children 0-17 years of age, regardless of income or discharge type, that confidentially offer solutions to help you with the everyday challenges of being a parent and create a fun and healthy home life.

Research shows that six protective factors are closely linked to a happy and resilient family:

- ★ *Family functioning/resiliency*
- ★ *Social support*
- ★ *Knowledge of parenting/child development*
- ★ *Concrete support*
- ★ *Nurturing and attachment*
- ★ *Children's social & emotional development*

*Strong Families
Strong Communities*



Free Resources in a Judgment Free Zone



Our Goals

- ★ *Improve the well-being of Texas Service Member and Veteran Families by promoting positive parenting and positive youth development*
- ★ *Educate, facilitate and otherwise support Service Members, Veterans, and their Families through resources and programming that bolsters existing strengths and addresses emotional, physical and financial barriers*



Our Partners

Any Baby Can: Case Management for Military Families who have Children with Special Needs. (210) 227-0170

Big Brothers Big Sisters: One-to-one Mentoring to Youth across Bexar County to Nurture Children and Strengthen Communities. (210) 225-6322

Family Service Association: In-Home Parenting Education and Support using the Positive Parenting Program (Triple P) and Strong Families programs; additional support available through counseling services. (210) 431-7506



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