

Finding  
help  
shouldn't  
be the  
biggest  
obstacle  
they face.



Linking people  
with life-altering disabilities  
to the resources they need.



A life-altering injury can be devastating, but it doesn't have to be life-ending.

#### MONTHLY MEETUPS & EDUCATIONAL EVENTS

We partner with local organizations to provide a variety of events for individuals with life-altering injuries and conditions as well as families and caregivers.

#### @ConnectAbility

Stay up-to-date with our monthly events and other announcements by liking and following our facebook page.



ConnectAbility is a proud member of the Alamo Area Community Network.  
[yourcommunitynetwork.org](http://yourcommunitynetwork.org)



## How can we help?

Here are some examples of the support we can offer your clients:

- Finding resources for things like transportation, home modifications, prescription assistance, and counseling.
- Working with your client to ensure that any barriers to their health and medical needs are addressed.
- Navigating assistance programs.
- Linking your clients and their caregivers and family to support groups, counseling resources and workshops.
- Matching your client with an individual who has experienced a similar journey and who can provide them with the guidance and support they need.

## Looking for help?

Please reach out if you have a client who has experienced a traumatic brain or spinal cord injury, stroke, amputation or a related injury or condition. We serve all, regardless of income or insurance status, who reside in Bexar County and the surrounding areas.

**SUBMIT A FORM**  
[myconnectability.org](http://myconnectability.org)



**GIVE US A CALL**  
**(210) 819-4325**

Questions? Send us an email at [support@myconnectability.org](mailto:support@myconnectability.org).

We help people, their families, and caregivers find the strength, education, and support to live and maintain wellness in mind, body, and spirit.

**WE SUPPORT PEOPLE IN BEXAR COUNTY AND SURROUNDING AREAS WHO HAVE EXPERIENCED:**

*Traumatic brain injury*

*Spinal cord injury*

*Amputation*

*Stroke, and other related conditions*

## Services

*Our services work comprehensively, addressing a multitude of issues based on the needs of the affected individual, their families, and caregivers.*



### CARE COORDINATION

We'll assess your client's needs and connect them with community resources, advocating for them every step of the way.



### FAMILY + CAREGIVER SUPPORT

We host workshops and provide resources to ensure both the emotional and physical well-being of those who assist loved ones with disabilities.



### PEER MENTORING

We'll connect your client with others who share your journey. A person who has sustained a life-altering injury or condition similar to them will assist with guidance, support and education.

