



Community Resources

Located in San Antonio, TX

Crisis Assistance

- Center for Healthcare Crisis Line 1-800-316-9241
- National Crisis Helpline 1-800-662-4357
- National Suicide Prevention Lifeline 1-800-273-8255
- Safe Alternatives- cutting/ self-injury 1-800-366-8288
- Veterans Crisis Line 1-800-273-8255 (press 1)
- San Antonio Police Crisis Intervention Team 210-335-6000
- Mobile Crisis Outreach Team (MCOT) 210-223-7233
- Family Violence Prevention Services 210-733-8810
- National Child Abuse Hotline 1-800-422-4453
- National Domestic Violence Hotline 1-800-799-7233
- RAINN- Rape, Abuse, and Incest National Network 1-800-656-4673
- Texas Abuse Helpline 1-800-252-5400
- Alcoholics Anonymous 210-828-6235 (English) 210-409-8524 (Spanish)
- Narcotics Anonymous 1-800-221-9091
- SAMHSA National Helpline 1-800-662-4357
- National Human Trafficking Resource Center 1-888-373-7888
- Alamo Rape Crisis Center 210-521-7273

Clothing and Food Assistance

- San Antonio Food Bank 210-431-8326

- **The Alamo Center**
5018 San Pedro Ave San Antonio, TX 78212 | 210-824-5537
Provides: assistance to anyone in need of food. First come first serve. Can attend daily if needed.
Monday-Friday: 10am-3pm.

- **AR Nelson Outreach by Bethel AME Church**
225 N Swiss St, San Antonio, TX, 78202 | (210) 227-4015
Provides: food, clothing and limited financial assistance to needy individuals and families in the community. Food and clothing are distributed on a monthly basis based on family size. Every effort is made to include food items that are healthy and nutritious. Clients select clothing items from the men's, women's and/or children's sections depending upon their family make-up.
Free. Located at the south end of Beasley Brown Community Center
Tuesday: 11:00 AM - 1:00 PM; Thursday: 11:00 AM - 1:00 PM



Bexar County Managed Assigned Counsel Mental Health Services

- **Catholic Charities, Archdiocese of San Antonio**
2127 S. Zarzamora St San Antonio, TX 78207 | 210-226-6178
Monday-Friday: 8:30a-2pm
Requirements: application, TX ID, and be a Bexar Co resident
Provides: food pantry, clothing assistance on site. Call to apply for rental/ utility assistance
Counseling is offered for free to pregnant, parenting families, and children under 3. Insurance
and/or sliding scale pay offered for counseling services, call 210-377-1133
Interpreter and translation services available if needed, call 210-222-1294
- **Client Choice Food Pantry by Baptist Temple Church**
901 E Drexel Ave, San Antonio, TX, 78210 | (210) 533-7114
Provides: food assistance. Go to the garden patio at the rear of the building and sit at the picnic
table until you are called. Masks required.
Tuesday and Thursdays: 9:00 AM - 12:30 PM
- **Clothes Closet by Corazon San Antonio**
230 Travis St, San Antonio, TX, 78205 | (210) 226-8341
Provides: Free clean, gently-used clothing.
- **Clothing Closet and Food Pantry at SAHC Downtown by SA Hope Center**
First Presbyterian Church, 404 N Alamo St, San Antonio, TX, 78237 | (210) 732-3776
Walk-ins welcome; Use the 4th St Basement entrance; Free
Provides: food pantry service allows the head-of-household to walk through our pantry and shop
for items that best fit their family size and nutritional needs. Every participant in programs are
able to receive monthly food assistance. Anyone not enrolled in SAHC programs may come for
assistance once a year.
Monday: 9:00 AM - 4:00 PM
- **Community First Food Pantry at Any Baby Can by Community First Health Plans**
217 Howard St, San Antonio, TX, 78212 | (210) 227-2347
1410 Guadalupe, Suite 222, San Antonio, TX, 78207
1316 Austin St, San Antonio, TX, 78208
619 N New Braunfels, San Antonio, TX, 78202
708 W Summit Ave, San Antonio, TX, 78212
Provides: assistance to members of the community who are facing food insecurity essential non-
perishable items in accessible and trusted locations throughout San Antonio and surrounding
counties.
24/7 Access - Open seven days a week, 24 hours a day and freely accessible to all
Free-Standing, Weather-Proof, and Conveniently Located Outdoors - Maintenance and up keep
provided by Community First.
100% Free - No Cost, No Registration, No Sign-Up. Take what is needed and give back what
and when you can.



Bexar County
Managed Assigned Counsel
Mental Health Services

- **Community Services by Little Church of La Villita**
418 Villita St, Building 13, San Antonio, TX, 78205 | (210) 226-3593
Provides: free emergency food, clothing, and counseling.
Monday-Friday: 10am-4pm; Saturday and Sunday: Closed
- **Cristo Rey of Hope Community Food Pantry by Cristo Rey of Hope**
2942 Houston St, San Antonio, TX, 78207 | (210) 616-2141
Monday, Wednesday, Friday: 10:00 AM - 1:00 PM
Second Saturday of the Month: 10:00 AM - 2:00 PM
- **Erna Baker Clothing and Food Ministry by Antioch Missionary Baptist Church**
1001alters St, San Antonio, TX, 78202 | (210) 225-2452
Provides: HEB gift cards (periodically), voter registration, cloth face masks and face shields, curbside food distribution.
- **Free Little Pantry SA by San Antonio Little Free Pantries**
1802 E Commerce, San Antonio, TX, 78203
426 Rigsby, San Antonio, TX, 78210
924 Potomac, San Antonio, TX, 78202
3203 W Houston, San Antonio, TX, 78207
1527 San Francisco, San Antonio, TX, 78201
1211 W Gerald, San Antonio, TX, 78211
2343 Basse Rd, San Antonio, TX, 78213
Take what you need, Give what you can.
Provides: food, hygiene products, books, clothes, pet food, and other items. Open 24/7.
- **Food Pantry by East St Paul United Methodist Church**
502 Dayton Ave, San Antonio, TX, 78210 | (210) 225-8880
Monday: 1- 3:00 PM, Wednesday: 1-3:00 PM, Friday: 1:00 PM - 3:00 PM
- **Food Pantry by Laurel Heights Seventh-day Adventist Church**
703 Ashby Pl, San Antonio, TX, 78212 | (210) 732-6898
Requirements: Application with household members and information.
3rd Wednesday of the Month: 11:00 AM - 1:00 PM
- **Food Pantry by Laurel Street Church of Christ**
1747 Laurel St, San Antonio, TX, 78201 | (210) 734-7495
Provides: food for anyone in need. Tuesday & Thursday: 2:00 PM - 4:00 PM
- **Food Pantry by the Salvation Army San Antonio Area Command**
910 N Flores St, San Antonio, TX, 78212 | (210) 352-2000
The pantry operates in partnership with San Antonio Food Bank serving families in need.
Requirements: Must present a valid ID and proof of residence.
Office Hours: Monday- Friday: 8:30 AM - 5:00 PM; Saturday and Sunday: CLOSED
No appointment is necessary.



Bexar County Managed Assigned Counsel Mental Health Services

- **Food Pantry by St Patrick Catholic Church**
1114 Willow St, San Antonio, TX, 78208 | (210) 226-5223
Requirements: Valid ID; Proof of Residency (i.e. utility bill); Application with household members and information
Wednesday: 2:00 PM - 5:00 PM and Thursday: 2:00 PM - 5:00 PM
- **Food Pantry by St Paul United Methodist Church**
508 N Center St, San Antonio, TX, 78202 | (210) 227-2525
Requirements: Valid ID
2nd, 3rd & 4th Saturday: 10:00 AM - 2:00 PM
- **Food Pantry by St Paul Lutheran Church**
2302 S Presa St, San Antonio, TX, 78210 | (210) 532-7341
Provides: nonperishable food items.
- **Food Pantry by Templo Bethel Assembly of God Church**
3024 Ima St, San Antonio, TX, 78207
Provides: free groceries to those in need.
Monday & Wednesday: 10:30 AM
- **Food Pantry by Woodlawn Christian Church**
1744 W Gramercy PL, San Antonio, TX, 78201, Sundays: 12:30 PM
- **Giving Fridge by Blessing of Hands Ministries**
301 Fredericksburg Rd, San Antonio, TX, 78201 | (210) 612-2281
Provides: variety of fresh food and vegetables and is available to anyone needing access to fresh nutritious food. Operates on the "Take what you need and leave what you can" model.
Requirements: Household Members and Information; Curbside Delivery
Monday: 11:00 AM - 2:00 PM
- **God's Closet by Laurel Heights Seventh-day Adventist Church**
703 Ashby Pl, San Antonio, TX, 78212 | (210) 732-6898
Clothing Closet for families in need. Free for anyone who needs clothing.
1st Sunday of the Month: 10:00 AM - 12:00 PM
- **Groceries and Clothes Closet by Christian Assistance Ministry (CAM)**
110 McCullough Ave, San Antonio, TX, 78215 | (210) 223-4099
5048 Zavala, San Antonio, TX 78249 | (210) 697-5771
Provides: Grocery services are available to each family once every two months.
Families and individuals in need of clothing may "shop" at the closet once every 30 days.
Other things such as diapers, hygiene items, and household linens are also offered when available. Utility assistance is available to those at least 3 months behind. Will assist with 40% of the bill.



Bexar County Managed Assigned Counsel Mental Health Services

Requirements: Valid Photo ID; Proof of residency; Social Security Card for everyone in the family (If there is an issue, can offer a grace period on the first visit.)

Monday- Thursday: 9:30 AM - 3:00 PM; Friday: 9:00 AM - 11:30 AM

Saturday/ Sunday: CLOSED

Diane Trujillo - Director of Social Services (210) 223-6648

- **Hermanos Cristianos Food Pantry by St James the Apostle Catholic Church**
907 Theo Ave, San Antonio, TX, 78225 -Food Pantry is located on the right side of the church.
Tuesday: 9:00 AM - 12:00 PM, Wednesday: 5:00 PM - 7:00 PM
- **Palo Alto College Food Pantry by Alamo Colleges District**
2222 N Alamo St, San Antonio, TX, 78215 | (210) 486-3100
Provides: healthy food to students, employees, and the surrounding community. Community members may access the pantry twice per month.
Fridays: 9:00 AM - 1:00 PM
Monday- Friday: 9:00 AM - 4:00 PM - Saturday and Sunday: CLOSED
- **Richard's Closet by Journey to the Cross Church**
1110 Cago Blvd, San Antonio, TX, 78210 | (210) 390-7889
Provides: free clothing items.
Requirements: No questions asked and no forms to fill out.
Thursday: 10AM - 1:00 PM, Friday/ Saturday: 9AM - 2:00 PM
Sunday: 9AM - 2:00 PM (Closed during church service)
- **Time Dollar Community Food- San Antonio Time Dollar Community Connections**
2806 Salinas St., San Antonio, TX, 78207
Provides: food to an under-served population.
Requirements: Bexar County Residents. Application with household members and information. Government Assistance, if any. Daisy Cares Program, dog and cat food when available.
2nd & 4th Monday of the Month: 9:30 AM - 11:45 AM

Employment Assistance

- **Career Gear by Dress for Success San Antonio**
600 N Frio St, San Antonio, TX, 78207
Provides: financial literacy training, a network of support, professional attire, career development tools, job-readiness and essential life-skills training that help men enter the workforce, and stay employed. Monday- Thursday: 8:30 AM - 4:30 PM, Friday- Sunday: CLOSED
- **Career Closet by Presa Community Center**
3721 S Presa, San Antonio, TX, 78210 | (210) 532-5295
Provides: Work-appropriate clothing at no cost to men and women actively seeking employment and to those recently hired who need to add a few items that will make a difference. Interested parties should see our Social Service Specialist at the front desk to access their “interview for success” outfit and other job readiness tools.
Monday- Friday: 8AM - 11:30 PM, 1 - 3:30 PM, Saturday and Sunday: CLOSED



Bexar County Managed Assigned Counsel Mental Health Services

- **Vocational Rehabilitation Services**

210-522-8014; several locations

Provides: assistance to individuals with a physical or mental health disability with obtaining and maintaining employment. Has a program that assists individuals who were recently incarcerated and have a mental or physical health diagnosis, contact is Frank Nieto 210-819-3285. Assists individuals with education, job readiness, training, learning job duties, obtaining clothing and other work needs.

Homeless Services:

- **Homeless Connection Hotline 210-207-1799**

- **Adult Teen Challenge of Texas**

3850 S Loop 1604 W San Antonio, TX 78264 | 210-319-1311

Provides: Faith-based residential addiction recovery program for men and women 18 and older. 12 month residential program which costs \$1500 per year or \$125 per month. Will work with clients who may initially have issues with payment and assists with obtaining employment. Cannot take medications regardless if over the counter or prescribed.

Requirements: Texas resident, Texas ID, social security card, committed to 12 month stay, and drug free in recovery. Must complete application which can be obtained by calling 210-319-1311.

- **Endeavors**

6363 De Zavala Rd San Antonio, TX 78249 | 210-431-6466

Residential: Fairweather Lodge - Houses individuals in a home together. Small rent fee and covers living space, food, and utilities. Case management provided. Contact 210-891-3310.

Fairweather Family Lodge - Supportive housing for homeless women with children. Completed intake at a coordinated entry location.

Housing Assistance: Providing Sustainable Hope Program - Assists individuals who are chronically homeless or fleeing domestic violence. Provides rental assistance and case management. Complete intake at a coordinated entry location. Youth Resiliency Project - Serves ages 18-24, provides rapid rehousing and/or rental assistance. Complete intake at Coordinated Entry location. Coordinated Entry - American GI Forum (611 N Flores St, Ste 200 or 206 San Pedro Ave: Monday, Wednesday, and Friday 8:30am-11:30am); Haven for Hope (1 Haven for Hope Way Monday-Friday 7am-3pm); Homeless Connections Hotline (Call 210-207-1799 Monday: 12:30pm-4:30pm, Tuesday and Friday 8:30am-4:30pm); Endeavors (Call 210-840-6437 Mondays 9am-10:45am); St Vincent DePaul (Call 210-227-7837 Monday, Wednesday, Friday 9am-1pm).

- **Haven for Hope**

1 Haven for Hope Way San Antonio, TX 78207 | 210-220-2132

Provides: housing support, case management, childcare, free medical and dental, free meals, vocational placement, counseling services, substance use programs, and other resources to the homeless community.



Bexar County Managed Assigned Counsel Mental Health Services

Requirements: resident of Bexar Co, proof of past residency in Bexar Co, 18 years or older, able to care for self independently, ID, drug or alcohol free (drug screening required), not a registered sex offender, homeless with proof.

- **San Antonio Housing Authority (SAHA)**
818 South Flores San Antonio, Texas 78204 | (210) 477-6000
Provides: housing services to the San Antonio community through the Public Housing, Section 8 Housing Choice Voucher, and Mixed-Income Housing programs.

Hygiene Assistance

- **Christian Assistance Ministry (CAM)**
110 McCullough Ave, San Antonio, TX, 78215 | (210) 223-4099
Provides: showers for the homeless population – Mondays, Wednesdays, and Saturdays from 9:30 am to 11:30 am and Tuesdays, Thursdays, and Fridays from 1:00 pm to 3:00 pm.
Texas I.D. & birth certificate recovery - CAM helps pay for Texas I.D.'s and in state and out of state birth certificates for anyone in need of assistance.
Mail services for the homeless population- CAM provides a mailing address and helps with papers, envelopes, and mailing stamps to the homeless community
- **Corazon San Antonio**
504 Avenue E, San Antonio, TX, 78215 | (210) 392-7701
Provides: warm meals, showers with CAM, ID Recovery, respite, small groups, computer lab, street outreach, and personalized case management. Located on the campus of Grace Lutheran Church. Hours: Monday through Friday: 10am-4pm; Saturday and Sunday: CLOSED
Hot Meal is served Monday - Friday: 12:00 PM - 1:00 PM
Showers available Tuesday, Thursday, Friday: 1:00 PM - 3:00 PM
ID Recovery available Wednesday: 11:00 AM - 3:00 PM
Case Management available Monday - Friday: 2:00 PM - 4:00 PM
Harm Reduction available Monday - Friday: 10:00 AM - 4:00 PM
- **Free Haircuts by Buena Volunteer Baptist Church**
1602 W Martin St, San Antonio, TX, 78207 | (210) 225-2376
Provides: free haircuts once a month to anyone in need.
1st Wednesday of the Month: 4:00 PM - 6:00 PM
- **Harper's Food Panty and Resource Hub by Harper's Chapel Baptist Church**
1111 Lombrano St, San Antonio, TX, 78207 | (210) 732-5931
Provides: food Pantry for the community, showers for our homeless neighbors, gently used clothes and shoes, hygiene items, employment assistance and other social services
Wednesday: 11:00 AM - 2:00 PM
- **Homeless Outreach by Life Restored Church**
400 Arbor Pl, San Antonio, TX, 78207 | (361) 317-2219
Tuesday/ Wednesday: 10:30 AM - Showers/Clothes
Thursday: 9:30- 10:30 AM - Pancake Breakfast, Saturday: 9:30- 10:30 AM – Breakfast



Bexar County Managed Assigned Counsel Mental Health Services

- **Lunch & Love by Cross Roads Church**
8102 Midcrown Dr, San Antonio, TX, 78239 | (210) 657-4441
Provides: Free hot meal, hygiene supplies, and use of showers. This program is meant to serve those who are homeless, or in need.
Last Saturday of the Month: 11:00 AM
- **Mobile Relief Unit**
1801 W César E Chávez Blvd, San Antonio, TX, 78207 | (210) 226-6178
2127 S Zarzamora St, San Antonio, TX, 78212
Provides: immediate family and support services through the San Antonio and surrounding 19 counties of the Archdiocese of San Antonio. The Mobile Relief Unit includes a mobile food pantry and USDA-certified kitchen to serve warm, fresh meals. The shower trailer has two bathroom units with sink, toilet, and shower, as well as laundry machines.
To request a Mobile Relief Unit for your area, call Tom Hoog.
- **Sidewalk Saturday by Christ Episcopal Church**
211 W French Pl, San Antonio, TX, 78212 | (210) 736-3132
Provides: a hot meal, hand bags of groceries, offer clothing and toiletries, and free haircuts once a month. There is an Outreach Pavilion where people can come in out of the heat or cold and sit at tables and be served. A playground is available for children to play.
Saturday: 8:00 AM - 11:00 AM

Medical Assistance:

- **Alamo Area Resource Center (AARC)**
303 N Frio St. San Antonio, TX 78207 | 210-625-7200
Provides: services to individuals living with HIV or are a part of the LGBTQ+ community. Services include prevention treatment for HIV, treatment of HIV, psychiatry, counseling, transportation, support groups, and rental/ utility assistance.
Funding assistance available to those who qualify. Accepts major health insurance groups. Can still attend services without HIV but will be subject to pay out of pocket for services.
- **CentroMed: Sarah E Davidson Clinic**
1 Haven for Hope Way, Bldg 1, Ste 300 San Antonio, TX 78207 | 210-220-2330
Monday- Friday: 8am-5pm, closed for lunch 12pm-1pm
Provides: basic medical services and medications for individuals of lower income.
Walk-in service. Must bring letter of homelessness from shelter residing in or proof of income. If has medical insurance, agency must be listed as the assigned PCP. Will accept individuals without health insurance and discuss options for assistance.
- **Corazon San Antonio**
230 E Travis St San Antonio, TX 78205 | 210-226-8341
Provides: medical triage and basic care, eye care, medications, and other medical supplies.
For patients with Care Link, Medicare, Medicaid, or other insurance, we provide only medical triage and immediate care.



Bexar County Managed Assigned Counsel Mental Health Services

2nd & 4th Tuesday: 4:00 PM, Wednesday: 4:30- 6:30 PM, Sunday: 8:30- 11:30 AM
The Tuesday evening (operated by medical students at UTHSC) and Sunday morning clinic (operated by local doctors, nurses, practitioners, and students) in the basement of Travis Park Church is part of Corazon San Antonio's service to the local homeless community

- **Wellness Wednesday by St Luke Baptist Church**
1903 W Poplar St, San Antonio, TX, 78207 | (210) 732-3998
4th Wednesday of each month
Provides: sick visits, check-ups, pregnancy testing, detox services, mental health services, hygiene kits, IV need exchange, sexual health testing, school/sports physicals, blood glucose screening, medication counseling, limited diet/exercise education, free hot meals, food boxes, limited over-the-counter and prescription medications, overdose prevention education with Narcan dispensing, benefit application assistance.

Mental Health and Substance Abuse Treatment:

- **Amber Lantern**
8318 Bluff Bend Dr. San Antonio, TX 78250
Phone: (210) 890-5504, Fax: (210) 783-9310, Email: info@amberlantern.org
Provides: housing and onsite treatment to individuals who have been diagnosed with a severe mental illness. Eligibility Criteria includes: Primary diagnosis of SMI, age 18 or older, income below federal poverty level, able to live in the community with services, receiving Medicaid or Medicaid eligible.
- **The Alamo Center**
5018 San Pedro Ave San Antonio, TX 78212 | 210-824-5537
Provides: individual and group counseling for substance abuse disorder. Also provides IOP (intensive outpatient program) which provides 3 hours of group 3-4 times per week with a minimum of 8 weeks. Can also provide medication management and education.
Insurance accepted is Amerigroup, Aetna, Cigna, Community First, Medicaid, Superior Health Plan, Wellcare, Humana, Oscar, United Healthcare, Optum, Tricare, Molina Healthcare, Beacon Health Options, Magellan Healthcare, Blue Cross Blue Shield.
- **Baptist Health System – Behavioral Health**
111 Dallas Street San Antonio, TX 78205 | (210) 297-7000
Provides: treatment for mental health and dual diagnosis services to all ages. Accepts most major insurance plans and private pay. Offers crisis, inpatient, and outpatient services to treat mood disorders, suicidal behavior, psychotic thinking, schizophrenia, PTSD, substance abuse disorders, and co-occurring diagnoses.
- **Center for Health Care Services**
Contact 210-261-1250 or visit 928 W. Commerce San Antonio, TX 78207 to enroll in services 8am-3pm Monday-Friday; provides assistance to all ages
Provides: services based on needs and goals. Initial Enrollment will determine which programs the individual is will be eligible for. Accepts insurance or sliding scale fee if do not have health



Bexar County Managed Assigned Counsel Mental Health Services

insurance. Offers Outpatient mental health services, primary care services, employment services, veteran services, justice programs, housing programs, and crisis services.

- **Crystal Counseling**
116 Gallery Circle San Antonio, TX 78258 | 210-802-4695
Provides: outpatient mental health treatment which includes intensive case management, counseling, and medication management.
Accepts all insurance; however, to qualify for intensive case management, the client has to have Medicaid.
- **Ellie Mental Health**
8207 Callaghan Rd, Ste 350 San Antonio, TX 78230 | 210-538-6338
4242 Medical Drive, Bldg 3 San Antonio, TX 78229 | 210-981-4593
Hours: Monday –Friday 7am-9pm, ages 3+
Provides: individual, couples, online, family, play, grief, trauma, and EMDR therapies.
Accepts BCBS, UBH, GEHA, VA Community Care Network, Tricare, United Healthcare, BCBS ParPlan, and Optum. If without service, does accept self-pay and sliding scale fee.
- **Jewish Family Services**
12500 Military Dr San Antonio, TX 78231 | 210-302-6920
1151 Mission Rd San Antonio, TX 78210 | 210-533-1112
Provides: counseling, medication management if involved in counseling, and family prevention classes (\$50 per session). Accepts private insurance and Medicare/ Medicaid. If without insurance, sliding fee scale available. There is a waiting list for all services.
- **La Familia del Paso**
6851 Citizens Pkwy, ste 232, 2nd floor San Antonio, Tx 78229 | 210-320-0063
Provides: medication management, case management, individual and group therapy, and rehabilitation. Accepts most major private insurances and Medicaid. Self-pay is available: initial appointment is \$100 and follow-up appointments are \$50. Virtual appointments available.
- **Laurel Ridge Treatment Center**
17720 Corporate Woods Drive, San Antonio, TX 78259 | (210) 491-9400
Provides: behavioral healthcare and drug addiction treatment for all ages. Accepts all major insurance plans and private pay. Can walk-in or call to schedule an appointment. Offers crisis services, inpatient, partial hospitalization, intensive outpatient, individual, virtual programming, medication management, case management, and counseling services. Also offers a personalized inpatient mental health and substance use program for the military.
- **Lifetime Recovery Treatment Center**
10290 Southton Rd San Antonio, TX 78223 | (210) 633-0201
Provides: residential treatment for adults with drug and alcohol addictions. Offers inpatient and outpatient services, chemical dependency treatment, peer groups, 12-step program, family counseling services, relapse prevention programs, and trauma informed care. Accepts most major medical insurances and private pay.



Bexar County Managed Assigned Counsel Mental Health Services

- **Methodist Hospital Specialty and Transplant**
8038 Wurzbach Rd, Ste 320 San Antonio, TX 78229 | 210-575-0509
Provides: crisis, inpatient, and outpatient services to treat mood disorders, suicidal behavior, psychotic thinking, schizophrenia, PTSD, substance abuse disorders, and co-occurring diagnoses. Services the adult and senior population. No appointment required; however, appointments can be scheduled. Accepts most major insurances.
- **Oxford Houses of TX**
Provides: substance abuse recovery homes that are self-run by the residents. Multiple locations. Contact 1-800-689-6411 or visit oxfordhousetx.org to review housing vacancies.
- **San Antonio Behavioral Healthcare Hospital**
8550 Huebner Rd San Antonio, TX 78240 | 210.541.5300
Provides: inpatient and outpatient for mental health and substance abuse disorder services to all ages. Accepts all insurance plans; however, cannot receive services without insurance. Can walk-in or call to schedule an appointment. Offers crisis services, inpatient, partial hospitalization, intensive outpatient, individual, and virtual programming.
- **San Antonio Counsel on Alcohol and Drug Awareness (SACADA)**
7500 W US Hwy 90 #201, San Antonio, TX 78227 | [\(210\) 225-4741](tel:2102254741)
Provides: services to uninsured and under-insured adults diagnosed with Substance Use Disorder (SUD). Offers medication (methadone and suboxone), individual counseling services, recovery group programs, recovery coaches/sponsors, substance abuse education, and narcan training. Alcohol and drug screenings and evaluations are also available.
- **St. Mary's Family Life Center**
251 W. Ligustrum San Antonio, TX 78228 | 210-438-6411
Monday-Thursday 9am-8pm, Friday 9am-4pm, Saturday 9am-1pm
Provides: counseling services to children, adolescents, and adults without insurance. Medical insurance is not accept or required. Payment is based on a sliding scale fee; however, the agency works with those without income.
- **Texas Vista Medical Center**
7400 Barlite Blvd San Antonio, TX 78224 | 210-927-8948
Provides: crisis, inpatient, and outpatient behavioral health services to individuals 18 and older. Medication management, case manager, counseling, different treatment therapies, and assists with managing and treating medical conditions. Accepts most major medical insurance. Treats - mood disorders, anxiety disorders, thought disorders, suicidality, depression, and psychosis.
- **True Mental Health Services**
8045 Pinebrook Dr San Antonio, TX 78230



Bexar County Managed Assigned Counsel Mental Health Services

Provides: intense case management and medication management services to individuals with severe mental illness such as schizophrenia, schizoaffective disorder, bipolar disorder, and major depressive disorder with psychotic features).

Requirements: age 18 or older, Bexar Co resident, mental health diagnosis, and Medicaid and/or Medicare insurance.

- **University Hospital – Behavioral Health**

4502 Medical Drive, San Antonio, TX 78229 | [\(210\) 358-4000](tel:2103584000)

Provides: crisis, inpatient, and outpatient behavioral health services to individuals of all ages. Treats mood disorders, substance abuse disorders, anxiety disorders, suicidality, depression, and psychosis. Provides medication management, case management, counseling, different treatment therapies, and assists with managing and treating medical conditions. Accepts most major medical insurances and private pay.

- **Urgent Behavioral Healthcare Clinic**

311 Camden St, Ste 510 San Antonio, TX 78215 | 210-591-1615

Monday- Thursday 8am-7pm, Friday 8am-5pm (no provider), and Saturday 9am-2pm

Provides: outpatient mental health services to adults, ages 18 and older, which includes medication management and counseling services. Accepts commercial insurance to include Tricare. Will accept Medicaid with Medicare but will not accept Medicaid as the sole insurance. Accepts self-pay if does not have qualifying insurance, \$300 for the initial appointment and \$175 for follow up appointments.

New patients must attend one of the walk-in clinic days to complete the initial application and assessment: Tuesdays 1pm-3pm or Thursdays 9am-3pm.

Reentry Programs:

- **Bexar County Reentry Program**

222 S Comal St San Antonio, TX 78207 | 210-335-8744

Provides: services to individuals being released into the community from incarceration.

Offers a change of clothes when released while signing up for services.

Can receive bus passes for transportation to appointments at the Reentry Center.

Services offered: rental/ utility assistance, food/clothing/ hygiene items up to 3 times per year, job searching and readiness, assistance with benefits enrollment, substance abuse recovery, assistance with obtaining identifying documentation, monthly job fairs, and mental health counseling and medication management.

Programs offered: anger management, BIPP classes, trauma support groups, free moral reconnection therapy classes, AA classes and GED placement testing and tutoring.

- **Chrysalis Ministry**

509 San Pedro Ave San Antonio, TX 78212 | 210-299-4540

Contact: Cynthia Rivera Crivera@chrymin.org 210-299-4540 ext. 116

Provides: assistance to individuals and their families who are at risk, have, or are currently involved within the legal system. Provides employment classes, life skills classes, mental health and substance abuse counseling, and case management. Services are FREE. To apply, call and schedule an appointment.



Bexar County Managed Assigned Counsel Mental Health Services

- **Goodwill Reentry Services**

4551 Deitrich Rd, Rm 129 San Antonio, TX 78219 | 210-243-0524

Provides: career and training assistance for individuals involved in the justice system.

Assists with identifying career interests, developing a resume, practicing interview skills, completing online job applications, and connecting to employers or training programs.

Also offers training programs specific to construction and CDL truck driving.

Eligibility: 18 or older, valid ID, able to work in the US, able to work full-time, currently on parole, probation, or supervise release, and motivated to succeed and establish a long-term career.

To apply: email reentryservices@goodwill.org

Veteran Assistance:

- **National Homeless Veterans Hotline 1-877-424-3838**

- **1 On 1 Veterans Assistance by San Antonio Coalition for Veterans and Families**

4102 S New Braunfels Ave, Suite 110-132, San Antonio, TX, 78223 | (210) 990-1115

Provides: confidential, personal assistance to Veterans, family members, caregivers and widows to help locate or resolve unmet needs that other programs may not support. Services include outreach to both active military, Veterans and their families from all wars, conflicts and periods of service.

- **Endeavors**

6363 De Zavala Rd San Antonio, TX 78249 | 210-431-6466

Supportive Services for Veteran Families Program:

Website: <https://endeavors.org/veteran-supportive-services/>

Email: SSVF-SA@endeavors.org

Phone: (210) 431-6466 and ask to be transferred to the SSVF department.

- **Homeless Veterans Reintegration Program (HVRP) by American GI Forum - National Veterans Outreach Program (NVOP)**

611 N. Flores, Suite 200, San Antonio, TX, 78205 | (210) 233-4088

Provides: services to assist in reintegrating homeless veterans into meaningful employment within the labor force and to stimulate the development of effective service delivery systems that will address the complex problems facing homeless veterans. Veterans only. Free.

Monday- Friday: 8:30 AM - 5:30 PM, Saturday and Sunday: CLOSED

- **Veteran Outreach by Jacqueline Smith Foundation**

600 Soledad St, San Antonio, TX, 78205

Provides: clothing, shoes, and hygiene items to homeless veterans that are in need. Partners with the shelter for homeless veterans.

Offers free financial literacy classes as preventative measures to reduce homelessness in our military population. The classes are designed to teach how money works, how to invest, and how to utilize VA home loans.

Veterans; must show a need and provide military ID or DD214.

Monday - Friday: 8:00 AM - 5:00 PM
