

# Veterans' Healthy Minds Advisory Council – South Texas (VHMACST)

21 Nov 2024, 1300, Meeting Agenda

THURSDAY, 11/21/24, 1300. We will meet at the **Wounded Warrior Project location, 12672 Silicon Drive, Ste., 105, SATX 78249**. **Please wear your VHMACST badge if you have one (if you don't, please call me and let me know and I'll ensure you get one during our meeting).** **CALL-IN ONLY PEOPLE** - use this option: (\*6 to mute/unmute your phones). Zoom Invitation e-mail will be sent separately later today.

**IF YOU ARE UNABLE TO PARTICIPATE, YOU MUST NOTIFY AN OFFICER/BOARD MEMBER TO BE EXCUSED AND HELP MAINTAIN QUOTA REQUIREMENTS.** PLEASE TRY AND BE ON TIME SO WE CAN GET STARTED AND NOT RUN OUT OF OUR CONFERENCE CALL TIME. IF YOU CANNOT BE ON THE CONFERENCE CALL-IN, PLEASE PROVIDE YOUR INPUT PRIOR TO THE MEETING. AGAIN, CONTACT ONE OF THE OFFICERS/BOARD MEMBERS. THANK YOU.

Type of Meeting: Monthly Council Meeting

- ✓ Call to Order – **(Chair)**
- ✓ Call the Role – **(Secretary)** **(Robin Soto is expected to fill this position shortly!)**
  - (Introductions of new members, guest speaker, etc.) – Clifford McGlotten and Patrick Strouse
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- ✓ Accept/Approve Published Agenda and Meeting Results – **(Chair)**
  - ✚ Any documents, attachments, information, presented at the meeting will be published and sent to all VHMACST members
- ✚ **Old Business**
- ✓ VHMACST Executive Vice President, **(Fred Thomas; Non-Profit Sub-Committee Chair)**
- ✓ Treasurer Report – **(Angie Bukowski)**
- ✓ Secretary Position – **(Chair)** (SEE NOTE ABOVE)
- ✓ Website/Communications **(Kevin Crozier)**
- ✓ Unaccompanied Burial Memorial Service **(Ed Thomas)**
- ✓ Veterans' Health Education and Information Committee - **(Dr. La Pointe)**
- ✓ Care Giver Program – **(Dr. La Pointe)**
- ✓ Veterans Resilience and Recovery Collaborative - **(Dr. Davis)**
- ✓ National VMHC - **(Dr. Davis)**
- ✓ Mental Health Community of Practice Meeting – **(Dr. Davis)**
- ✓ Community Engagement and Partnership Coordinator – **(Michelle Conway)**
- ✓ "Check-In Program": - **(Dr. La Pointe)**
- ✓ Spur's Mental Health Night – **(Dr. La Pointe)**
  - **VHMACST'S 2025 Pre-Event Agenda**; Spur's Mental Health Awareness Night
  - **Pre-Event Agenda**; Spur's Mental Health Awareness Night
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## ✚ **New Business**

**GUEST SPEAKER (S):**

**(Our most recent addition to the VHMACST Board of Directors)**

**Cliff McGlotten LCSW/ACSW**

**MAT/MSW**

**MSGT USA RET**

**EX-OFFICIO NAMI TX VET LIAISON**

**NAMI SAT BOARD MBR**

**(Our most recent addition as a VHMACST Member)**

**Patrick C. Strouse, MSW Candidate**

**(SSGT, USAF RET)**

**Clinical Social Worker Intern**

**Vice President of Operations**

**Unbound Minds, PLLC**

**719-685-6146**

- ✓ Free COVID-19 Tests
- ✓ VA Gulf War Era Cohort Study
- ✓ Chair – other items pending
- ✓
- Upcoming Training”
  - Building Better Caregivers (BBC), Six-week online workshop, fits your schedule, self-paced, safe and anonymous, ongoing support – <https://signup.buildingbettercaregivers.org>, source of information; [veteranshealth@messages.va.gov](mailto:veteranshealth@messages.va.gov)
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- Upcoming Events:
  - VHMACST Monthly Meeting, 12/19/24, 1300
  - VHMACST Monthly Meeting, 1/16/25, 1300
  - VHMACST Monthly Meeting, 2/20/25, 1300
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- Upcoming Outreach Functions:
  - **Unaccompanied Burial Memorial Service; January 15, 2025, at 0900.** Bexar County Program, 3<sup>rd</sup> Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMACST provides flower arrangement and roses for each person to be memorialized.
  - **Unaccompanied Burial Memorial Service; April 16, 2025, at 0900.** Bexar County Program, 3<sup>rd</sup> Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMACST provides flower arrangement and roses for each person to be memorialized.
  - **Unaccompanied Burial Memorial Service; July 16, 2025, at 0900.** Bexar County Program, 3<sup>rd</sup> Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMACST provides flower arrangement and roses for each person to be memorialized.
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- ✚ **Other/Miscellaneous**
  - Currently there are 15.8 million Veterans
  - **23 People this year**, (Veterans, Family Members and Civilian connections) were employed by our informing everyone about employment opportunities.
  - Latest Veteran Suicide Rate: **20.3** Veterans per day
  - Promises – Immediate openings for “Detox” programs, ALL LOCATIONS
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✚ **Next Meeting – 19 Dec 2024, 1300**

✚ **Adjournment**

**AGENDA MAY VARY FROM THIS PROPOSED OUTLINE**

**\*\*\* IF YOUR NAME IS “HIGHLIGHTED” IN AN ITEM, PLEASE BE PREPARED TO SPEAK TO THE TOPIC OR FORWARD YOUR INPUT TO AN OFFICER PRIOR TO THE MEETING SO WE ARE ABLE TO SHARE WHATEVER INFORMATION YOU DETERMINE TO BE APPROPRIATE. THANK YOU. \*\*\***

**If you attend, present, or take part in any training, event, or outreach function, please let us know so we can track appropriately for end-of-year reporting – AND please wear your VHMACST BADGE! Thank you.**