

Veterans' Healthy Minds Advisory Council – South Texas (VHMACST)

16 Jan 2025, 1300, Meeting Agenda

THURSDAY, 1/16/25, 1300. We will meet at the **** AACOG, 2700 NE Loop 410, SATX, 78217 ****. Please wear your VHMACST badge if you have one (if you don't, please call and let us know and so we can be sure you get one during our meeting). CALL-IN ONLY PEOPLE - use this option: (*6 to mute/unmute your phones). Zoom Invitation e-mail will be sent.

IF YOU ARE UNABLE TO PARTICIPATE, YOU MUST NOTIFY AN OFFICER/BOARD MEMBER TO BE EXCUSED AND HELP MAINTAIN QUOTA REQUIREMENTS. PLEASE TRY AND BE ON TIME SO WE CAN GET STARTED AND NOT RUN OUT OF OUR CONFERENCE CALL TIME. IF YOU CANNOT BE ON THE CONFERENCE CALL-IN, PLEASE PROVIDE YOUR INPUT PRIOR TO THE MEETING. AGAIN, CONTACT ONE OF THE OFFICERS/BOARD MEMBERS. THANK YOU.

Type of Meeting: Monthly Council Meeting

- ✓ Call to Order – (Chair)
- ✓ Call the Role – (Secretary)
- ✓ Chair
 - (Introductions of new members, guest speaker, etc.) – No new members since last month,
 - **BUT – WE HAVE A SECRETARY! – Robin Soto**
 - Guest Speaker; Michelle Conway
- ✓ Accept/Approve Previous Minutes as Published – (Chair)

✚ Old Business

- ✓ VHMACST Executive Vice President, (Fred Thomas; Non-Profit Sub-Committee Chair)
- ✓ Treasurer Report – (Angie Bukowski)
- ✓ Secretary Position – (Robin Soto)
- ✓ Website/Communications (Kevin Crozier)
- ✓ Unaccompanied Burial Memorial Service (Ed Thomas)
- ✓ Veterans Resilience and Recovery Collaborative - (Dr. Davis)
- ✓ National VMHC - (Dr. Davis)
- ✓ Mental Health Community of Practice Meeting – (Dr. Davis)
- ✓ Community Engagement and Partnership Coordinator – (Michelle Conway)
- ✓ Veterans' Health Education and Information Committee - (Dr. La Pointe)
- ✓ Care Giver Program – (Dr. La Pointe)
- ✓ "Check-In Program": - (Dr. La Pointe)
- ✓ Spur's Mental Health Night – (Dr. La Pointe)
 - VHMACST' S 2025 Pre-Event Agenda; Spur's Mental Health Awareness Night
 - Pre-Event Agenda; Spur's Mental Health Awareness Night
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✚ New Business

GUEST SPEAKER (S): VA Annual Report on Suicide Prevention 2024

Michelle Conway, MS CNAC, LPC

She/Her/Hers

Community Engagement and Partnerships Coordinator (CEPC)

Suicide Prevention Program

South Texas Veterans Healthcare System

Michelle.Conway@VA.gov

361-243-5754

- ✓ Council Member Input, Updates, etc.
- ✓ Chair – other items
- ✓
- Upcoming Training”
 - Nothing Scheduled at this time
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- Upcoming Events:
 - VHMALST Monthly Meeting, 2/20/25, 1300
 - VHMALST Monthly Meeting, 3/20/25, 1300
 - VHMALST Monthly Meeting, 4/17/25, 1300
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- Upcoming Outreach Functions:
 - **Unaccompanied Burial Memorial Service; April 16, 2025, at 0900.** Bexar County Program, 3rd Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMALST provides flower arrangement and roses for each person to be memorialized.
 - **Unaccompanied Burial Memorial Service; July 16, 2025, at 0900.** Bexar County Program, 3rd Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMALST provides flower arrangement and roses for each person to be memorialized.
 - **Unaccompanied Burial Memorial Service; October 15, 2025, at 0900.** Bexar County Program, 3rd Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMALST provides flower arrangement and roses for each person to be memorialized.
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- ✚ **Other/Miscellaneous**
 - **0 People this year**, (Veterans, Family Members and Civilian connections) were employed by our informing everyone about employment opportunities.
 - Latest Veteran Suicide Rate: **20.3** Veterans per day
 - Promises – Immediate openings for “Detox” programs in Houston
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✚ **Next Meeting** – 20 Feb 2025, 1300 - **(AACOG)**

✚ **Adjournment**

AGENDA MAY VARY FROM THIS PROPOSED OUTLINE

***** IF YOUR NAME IS “HIGHLIGHTED” IN AN ITEM, PLEASE BE PREPARED TO SPEAK TO THE TOPIC OR FORWARD YOUR INPUT TO AN OFFICER PRIOR TO THE MEETING SO WE ARE ABLE TO SHARE WHATEVER INFORMATION YOU DETERMINE TO BE APPROPRIATE. THANK YOU. *****

If you attend, present, or take part in any training, event, or outreach function, please let us know so we can track appropriately for end-of-year reporting – AND please wear your VHMALST BADGE! Thank you.