



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHEN **YOU** ARE READY, **WE** ARE HERE.

Counseling Services Available **YMCA OF GREATER SAN ANTONIO**



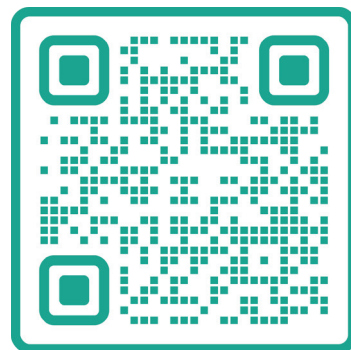
The YMCA has expanded its counseling services to most locations across Greater San Antonio to ensure that more individuals and families can receive support close to home. Services include counseling for individuals (10 & older), couples, and families. Counseling sessions are fee-based; however, financial assistance is available to those that qualify.

Counselors are available by **appointment only**:

Mon-Fri: 9 am – 8 pm

Sat: 9 am – 1 pm

Scan the **QR code** to request our
Counseling and Well-Being Services



To further enhance accessibility, the YMCA of Greater San Antonio is working toward accepting Medicaid insurance this spring. Call us at **210-796-3732** to learn more!

YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

