

Veterans' Healthy Minds Advisory Council – South Texas (VHMACST)

17 Jul 2025, 1300, Meeting Agenda

THURSDAY, 7/17/25, 1300. We will meet at the **Wounded Warrior Project location, 12672 Silicon Drive, Ste., 105, SATX 78249**. **Please wear your VHMACST badge if you have one (if you don't, please call me and let me know and I will ensure you get one during our meeting).** **CALL-IN ONLY PEOPLE** - use this option: (*6 to mute/unmute your phones). Zoom Invitation e-mail will be sent or attached to the agenda. Or, sent separately later.

IF YOU ARE UNABLE TO PARTICIPATE, YOU MUST NOTIFY AN OFFICER/BOARD MEMBER TO BE EXCUSED AND HELP MAINTAIN QUOTA REQUIREMENTS. PLEASE TRY AND BE ON TIME SO WE CAN GET STARTED AND NOT RUN OUT OF OUR CONFERENCE CALL TIME. IF YOU CANNOT BE ON THE CONFERENCE CALL-IN, PLEASE PROVIDE YOUR INPUT PRIOR TO THE MEETING. AGAIN, CONTACT ONE OF THE OFFICERS/BOARD MEMBERS. THANK YOU.

Type of Meeting: Monthly Council Meeting

- ✓ Call to Order – (Chair)
- ✓ Call the Role – (Secretary)
 - (Introductions of new members, guest speaker, etc.)
 - Guest Speaker; **Cliff McGlotten LCSW/ACSW/BCD MAT/MSW**
MSGT USA RET
NAMI TX VETERAN BOARD MBR (FORMER)
GREATER NAMI SAT BOARD MBR
- ✓ Accept/Approve Previous Minutes as Published – (Chair)
- ✚ **Old Business**
 - ✓ VHMACST Executive Vice President, **(Fred Thomas; Non-Profit Sub-Committee Chair)**
 - ✓ Treasurer Report – **(Angie Bukowski)**
 - ✓ Secretary Comments – **(Robin Soto)**
 - ✓ Website/Communications **(Kevin Crozier)**
 - ✓ Unaccompanied Burial Memorial Service **(** Need new Chairperson **)**
 - ✓ Veterans' Health Education and Information Committee - **(Dr. La Pointe)**
 - ✓ Care Giver Program – **(Dr. La Pointe)**
 - ✓ Veterans Resilience and Recovery Collaborative - **(Dr. Davis)**
 - ✓ National VMHC - **(Dr. Davis)**
 - ✓ Mental Health Community of Practice Meeting – **(Dr. Davis)**
 - ✓ Community Engagement and Partnership Coordinator – **(Jaime Smith)**
 - ✓ "Check-In Program": - **(Dr. La Pointe)**
 - ✓ Spur's Mental Health Night – **(Dr. La Pointe)**
 - **VHMACST' S 2025 Pre-Event Agenda; Spur's Mental Health Awareness Night**
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✚ **New Business**

GUEST SPEAKER (S): Cliff McGlotten

- ✓ Council Members Input, Updates, etc.
- ✓ Chair – other items pending; Job Postings and other email notifications (13 this year) – open in web-browser, Request for Outreach Table at VA locations, Request for folks you think might want to join VHMACST, San Antonio Airport DV Parking, Outreach Event – Texas State Veterans Fair 25 Oct 25, 0930 – 1300, (additional items)
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- Upcoming Training
 - “Mindfulness Meditation.” Class for Veterans, 1000 – 1100, 1st Friday of every month
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- Upcoming Events:
 - TVC Monthly Q&A (How to access your state and federal benefits) 2nd Tuesday of every Month, 1330 – 1430, Next – 13 May 25
 - Caregiver Communication: Free 6-week online workshop offers group support for Caregivers of Veterans (Enrollment information/flyer will be attached to meeting minutes and will be sent to all council members)
 - VHMACEST Monthly Meeting, 8/21/25, 1300
 - VHMACEST Monthly Meeting, 9/18/25, 1300
 - VHMACEST Monthly Meeting, 10/16/25, 1300
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- Upcoming Outreach Functions:
 - **Unaccompanied Burial Memorial Service; July 16, 2025, at 0900.** Bexar County Program, 3rd Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMACEST provides flower arrangement and roses for each person to be memorialized.
 - **Unaccompanied Burial Memorial Service; October 15, 2025, at 0900.** Bexar County Program, 3rd Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMACEST provides flower arrangement and roses for each person to be memorialized.
 - Waiting on Bexar to release 2026, schedule
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- 🚩 **Other/Miscellaneous**
 - **13 People this year**, (Veterans, Family Members and Civilian connections) were employed by our informing everyone about employment opportunities.
 - Latest Veteran Suicide Rate: **17.6** Veterans per day
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🚩 **Next Meeting – 21 August 2025, 1300 – Wounded Warrior Project**

🚩 **Adjournment**

AGENDA MAY VARY FROM THIS PROPOSED OUTLINE

***** IF YOUR NAME IS “HIGHLIGHTED” IN AN ITEM, PLEASE BE PREPARED TO SPEAK TO THE TOPIC OR FORWARD YOUR INPUT TO AN OFFICER PRIOR TO THE MEETING SO WE ARE ABLE TO SHARE WHATEVER INFORMATION YOU DETERMINE TO BE APPROPRIATE. THANK YOU. *****

If you attend, present, or take part in any training, event, or outreach function, please let us know so we can track appropriately for end-of-year reporting – AND please wear your VHMACEST BADGE! Thank you.