

## Same Day Mental Health Services

All South Texas VA Mental Health and Primary Care clinics are able to provide Same Day Services, meaning that Veterans with a need for care right away will have it identified and triaged the same day or, if after hours, by the next day.

We may address your health care need by providing a brief face-to-face visit, returning a phone call, arranging a telehealth visit, or scheduling a future appointment.



Veterans must be eligible for VA mental health services and enrolled in STVHCS. Visit the Enrollment & Eligibility Offices at Audie Murphy VA Hospital, Northwest Clinic, or Kerrville Medical Center, or call (210) 949-3981 x2 for more info.

*Note: Veterans with Other Than Honorable discharges may be eligible for some VA mental health care.*

## South Texas Veterans Health Care System

Audie L. Murphy VA Hospital  
7400 Merton Minter Blvd.  
San Antonio, TX 78229

(210) 617-5300

[www.va.gov/south-texas-health-care/](http://www.va.gov/south-texas-health-care/)

**Scheduling & Messages:**  
**(210) 949-9702**



**DIAL 988 then PRESS 1**

**Text to**  
**838255**

**Confidential Chat at**  
**[www.veteranscrisisline.net](http://www.veteranscrisisline.net)**



## South Texas Veterans Health Care System

## Same Day Mental Health Services



**VA**



U.S. Department of Veterans Affairs  
Veterans Health Administration  
South Texas Veterans Health Care System

## Accessing Same Day Services

This table lists all of the clinics for same day mental health services, located either in Primary Care clinics (called Primary Care/Mental Health Integration or PCMH) or Mental Health clinics. If you already have a VA Mental Health provider, it is best to go to that location, though *you will not necessarily be able to see your regular provider*.

When you request a same day visit, you can expect to meet with a mental health nurse first, who will listen to your concerns and make a plan with you for addressing them, including a brief visit with a provider if needed.

## Should I go to the Emergency Department or Same Day Visit?

Emergency Dept (at Audie L. Murphy VA Hospital)	Same Day Visit
> Risk of harm to self or others	> Monday-Friday 8am-4pm (no holidays)
> Suicidal or homicidal thoughts	> Concern that cannot be met through Secure Messaging, phone, or at next visit
> Very high distress	> Need to start MH services but unable to go through VA Primary Care Provider
> After hours, weekend, holiday	

Clinic Location	PCMH	Mental Health Clinic	Address
<b>Audie L. Murphy VA Hospital (ALM)</b>	1G Clinic	1E Clinic	7400 Merton Minter, SATX
<b>Balcones Heights Outpatient Clinic (BHO)</b>	Suite A-88	Suite A-100	4522 Fredericksburg Rd, SATX
<b>North Bexar Outpatient Clinic (NBO)</b>	1 <sup>st</sup> Floor*	—	16019 Nacogdoches Rd, SATX
<b>North Central Federal Clinic (NCF)</b>	1 <sup>st</sup> Floor	1 <sup>st</sup> Floor	17440 Henderson Pass, SATX
<b>Northwest Health Care Clinic (NHS)</b>	1 <sup>st</sup> & 2 <sup>nd</sup> Floor	2 <sup>nd</sup> Floor	9939 State Highway 151, SATX
<b>Shavano Park Outpatient Clinic (SPO)</b>	Suite 200*	—	4350 Lockhill-Selma Rd, SATX
<b>South Bexar Outpatient Clinic (SBO)</b>	1 <sup>st</sup> Floor*	1 <sup>st</sup> Floor	4610 E Southcross Blvd, SATX
<b>Kerrville VA Medical Center (KMC)</b>	1 <sup>st</sup> Floor	2 <sup>nd</sup> Floor	3600 Memorial Blvd, Kerrville
<b>Victoria Outpatient Clinic (VOP)</b>	1 <sup>st</sup> Floor*	1 <sup>st</sup> Floor	311 Spring Green Blvd, Victoria



\*some visits may be virtual