

Veterans' Healthy Minds Advisory Council – South Texas (VHMACST)

19 Feb 2025, 1300, Meeting Agenda

THURSDAY, 19 Feb 2025, 1300. We will meet at the Wounded Warrior Project location, 5710 West Hausman Road, Suite 121 SATX 78249. **Please wear your VHMACST badge if you have one (if you do not, please call me and let me know and I will ensure you get one during our meeting).** CALL-IN ONLY PEOPLE - use this option: (*6 to mute/unmute your phones). Zoom Invitation e-mail will be sent or attached to the agenda.

***** If you plan to attend IN-PERSON at WWP, PLEASE let Shakelia Jordan McKenzie know. (smckenzie@woundedwarriorproject.org) *****

IF YOU ARE UNABLE TO PARTICIPATE, YOU MUST NOTIFY AN OFFICER/BOARD MEMBER TO BE EXCUSED AND HELP MAINTAIN QUOTA REQUIREMENTS. PLEASE TRY AND BE ON TIME SO WE CAN GET STARTED AND NOT RUN OUT OF OUR CONFERENCE CALL TIME. IF YOU CANNOT BE ON THE CONFERENCE CALL-IN, PLEASE PROVIDE YOUR INPUT PRIOR TO THE MEETING. AGAIN, CONTACT ONE OF THE OFFICERS/BOARD MEMBERS. THANK YOU.

Type of Meeting: Monthly Council Meeting

- ✓ Call to Order – (Chair)
- ✓ Call the Role – (Secretary)
 - (Introductions of new members, guest speaker, etc.)
 - Guest Speaker; Jaclyn Conroy Wild
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- ✓ Accept/Approve Previous Minutes as Published – (Chair)
- ✚ **Old Business**
 - ✓ VHMACST Executive Vice President, (Fred Thomas; Non-Profit Sub-Committee Chair)
 - ✓ Treasurer Report – (Angie Bukowski)
 - ✓ Secretary Comments – (Robin Soto)
 - ✓ Website/Communications (Kevin Crozier)
 - ✓ Unaccompanied Burial Memorial Service (Shakelia McKenzie)
 - ✓ Veterans' Health Education and Information Committee - (Dr. La Pointe)
 - ✓ Care Giver Program – (Dr. La Pointe)
 - ✓ Veterans Resilience and Recovery Collaborative - (Dr. Davis)
 - ✓ National VMHC - (Dr. Davis)
 - ✓ Mental Health Community of Practice Meeting – (Dr. Davis)
 - ✓ Community Engagement and Partnership Coordinator – (Jaime Karsten)
 - ✓ “Check-In Program”: - (Dr. La Pointe)
 - ✓

✚ **New Business**

GUEST SPEAKER (S): Jaclyn Conroy Wild
Program Manager
Endeavors
San Antonio, TX 78249
jdconroywild@endeavors.org
endeavors.org
San Antonio, TX 78229

New Business (Continued)

- ✓ Council Members Input, Updates, etc.
- ✓ Chairman of the Board/Founder
- ✓ Outreach Event (Dr. Davis – Witt, provided names for two locations to try and set up tables at VA location), we will be contacting with them this month
- ✓

- Upcoming Training
 - **“Mindfulness Meditation.”** Class for Veterans, 1000 – 1100, 1st Friday of every month
 - TVC Monthly Q&A (How to access your state and federal benefits) – 2nd Tuesday of every month
 - Caregiver Communication: Free 6-week online workshop offers group support for Caregivers of Veterans (Enrollment information/flyer will be attached to meeting minutes and will be sent to all council members)
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- Upcoming Events:
 - VHMACHST Monthly Meeting, 2/19/26, 1300
 - VHMACHST Monthly Meeting, 3/19/26, 1300
 - VHMACHST Monthly Meeting, 4/16/26, 1300
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- Upcoming Outreach Functions:
 - **Unaccompanied Burial Memorial Service; January 21, 2026, at 0900.** Bexar County Program, 3rd Wednesday of each month, Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Rd., SATX 78209 (follow the signs when you enter the main gate). VHMACHST provides flower arrangements and/or roses for each person to be memorialized.
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Other/Miscellaneous

- **19 People this year**, (Veterans, Family Members and Civilian connections) were employed by our informing everyone about employment opportunities.
- Latest Veteran Suicide Rate: **17.6** Veterans per day
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Next Meeting – 19 March 2026

Adjournment

AGENDA MAY VARY FROM THIS PROPOSED OUTLINE

***** IF YOUR NAME IS “HIGHLIGHTED” IN AN ITEM, PLEASE BE PREPARED TO SPEAK TO THE TOPIC OR FORWARD YOUR INPUT TO AN OFFICER PRIOR TO THE MEETING SO WE ARE ABLE TO SHARE WHATEVER INFORMATION YOU DETERMINE TO BE APPROPRIATE. THANK YOU. *****

If you attend, present, or take part in any training, event, or outreach function, please let us know so we can track appropriately for end-of-year reporting – AND please wear your VHMACHST BADGE! Thank you.