



The Steven A. Cohen
Military Family Clinic
at Endeavors

MENTAL HEALTH CARE *for Active Duty Service Members*

WHAT WE DO

Cohen Clinics provide high-quality, confidential, accessible, and personalized therapy for a variety of mental health concerns including:

- PTSD
- depression
- transition challenges
- anxiety
- sleep
- stress problems
- relationship and family difficulties
- anger

WHO WE SERVE

- ★ **Military Family Members** including spouses or partners, parents, siblings, adolescents, caregivers, and other family members of post-9/11 veterans and service members.
- ★ **Post-9/11 Veterans** including those from the National Guard and Reserves, regardless of role in uniform, discharge status, or combat experience.
- ★ **Active Duty Service Members** with a TRICARE Referral.*

Requirements for Active Duty Service Members:

*TRICARE REFERRAL

- Referral is required prior to being seen for individual therapy or medication management, but no referral is necessary for couples or family therapy.
- Service member can obtain this referral from their military treatment facility (primary care clinic or mental health clinic).
- Service member may contact the clinic beforehand to discuss the referral process.

RELEASE OF INFORMATION

- Service member must sign a release of information in order for the clinic to share treatment summary with the military medical center. Summary will be shared with active duty member prior to sending and will not include detailed personal information.
- Note: Cohen Clinic clinicians will not communicate with commanders/supervisors.

Please note: These requirements only apply to Active Duty Service Members and do not apply to veterans or military family members.

CONTACT US ☎ 210-399-4838

✉ SAclinic@endeavors.org

endeavors.org/cohen-clinic-sa