Veterans' Healthy Minds Advisory Council – South Texas (VHMACST)

20 Aug 2026, 1300, Meeting Agenda

THURSDAY, 20 Aug 2026, 1300. This month's meeting is being held only on ZOOM.

IF YOU ARE UNABLE TO PARTICIPATE, YOU MUST NOTIFY AN OFFICER/BOARD MEMBER TO BE EXCUSED AND HELP MAINTAIN QUOTA REQUIREMENTS. PLEASE TRY AND BE ON TIME SO WE CAN GET STARTED AND NOT RUN OUT OF OUR CONFERENCE CALL TIME. IF YOU CANNOT BE ON THE CONFERENCE CALL-IN, PLEASE PROVIDE YOUR INPUT PRIOR TO THE MEETING. AGAIN, CONTACT ONE OF THE OFFICERS/BOARD MEMBERS. THANK YOU.

Type of Meeting: Monthly Council Meeting

- **Call to Order – (Chair)**

- **Call the Role – (Secretary)**
- **(Introductions of new members, guest speaker, etc.)**
  - **Guest Speaker; Millicent Nwokolo-Udeaja**
  - **New Member(s); Maria Avalos, Robert Kozel**
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- **Accept/Approve Previous Minutes as Published – (Chair)**

- **Old Business**
- VHMACST Executive Vice President, (**Fred Thomas; Non-Profit Sub-Committee Chair)**
- Treasurer Report – **(Angie Bukowski)**
- Secretary Comments – **(Currently - Open Position)**
- Website/Communications **(Kevin Crozier)**
- Unaccompanied Burial Memorial Service **(Shakelia McKenzie)**
- Veterans' Health Education and Information Committee - **(Dr. La Pointe)**
- Care Giver Program – **(Dr. La Pointe)**
- Veterans Resilience and Recovery Collaborative - **(Dr. Davis)**
- National VMHC - **(Dr. Davis)**
- Mental Health Community of Practice Meeting – **(Dr. Davis)**
- Community Engagement and Partnership Coordinator – **(Jaime Karsten)**
- "Check-In Program**": - (Dr. La Pointe)**
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- **New Business**
  - **Guest Speaker(s): Lisa J. Boden Felchle**
    Clinical Health Psychologist
    Military Sexual Trauma Coordinator
    Mental Health Services, The Heart Center
    South Texas Veterans Health Care System
    US Department of Veterans Affairs
    SATX, 78229
    VA Mobile: 210-392-0106

- Council Members Input, Updates, Questions
- Chairman of the Board/Founder
- Founder
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- **Upcoming Training**: None at this time

- **Upcoming Events:**
  - **Unaccompanied Burial Memorial Service, 3rd Wednesday of the month, each quarter, Fort Sam Houston. Announcement and map will be sent to all Council Members. (Sep 16, 0900)**
    VHMACST Monthly Meeting, 10/15/26, 1300
    VHMACST Monthly Meeting, 11/19/26, 1300
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- **Upcoming Outreach Functions:** None at this time

- **Other/Miscellaneous**

- **Next Meeting – 17 Sep 2026**

- **Adjournment**

AGENDA MAY VARY FROM THIS PROPOSED OUTLINE

***** IF YOUR NAME IS "HIGHLIGHTED" IN AN ITEM, PLEASE BE PREPARED TO SPEAK TO THE TOPIC OR FORWARD YOUR INPUT TO AN OFFICER PRIOR TO THE MEETING SO WE ARE ABLE TO SHARE WHATEVER INFORMATION YOU DETERMINE TO BE APPROPRIATE. THANK YOU. *****

If you attend, present, or take part in any training, event, or outreach function, please let us know so we can track appropriately for end-of-year reporting – AND please wear your VHMACST BADGE! If you don't have or lost your badge, please let an officer know and we will provide you with a new one. Thank you.